



HLTAID011 Provide First Aid

COURSE GUIDE

HLTAID011 Provide First Aid

Course Overview

This unit describes the skills and knowledge required to provide a first aid response to a casualty in line with first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies.

The unit applies to all persons who may be required to provide a first aid response in a range of situations, including community and workplace settings.

Course Content

The following topics will be covered as part of the training:

1. Responding to an emergency situation
2. DRS ABCD
3. Performing CPR Procedures in line with ARC Guidelines on adults, children and infants
4. Apply appropriate first aid procedures for a variety of injuries and conditions
5. Communicating details of the incident & handover to emergency services
6. Reviewing the incident & post-incident psychological impacts

Conditions and injuries covered during this training will include

- allergic reaction
- anaphylaxis
- asthma
- non-life-threatening and life-threatening bleeding
- burns
- cardiac conditions, including chest pain
- choking
- diabetes
- drowning
- envenomation – all current treatments
- eye injuries
- fractures, dislocations, strains and sprains
- head, neck and spinal injuries
- hypothermia
- hyperthermia
- minor wounds
- nose-bleed
- poisoning

- seizures
- shock
- sharps injuries
- stroke

DURATION

1 Full day course (approximately 8 hours)

ASSESSMENT REQUIREMENTS

A successful outcome for this statement of attainment will be determined by a range of different assessment methods including a multiple-choice question, observation of simulated and practical activities etc.

You will be required to demonstrate CPR on a manikin on the floor.

Fees

Course fees for this course is \$150.

Course Outcome

Upon successful completion of this course, students will be issued with a Statement of Attainment nationally recognised under the Australian Qualifications Framework for the following unit(s) of competency:

- HLTAID009 Provide cardiopulmonary resuscitation
- HLTAID011 Provide first aid

Current industry standard is for this course to be updated every 3 years with the CPR component being updated every 12 months.

Delivery Location

4/494 High Street Office, Lalor VIC 3075

Entry Requirements

Prerequisites

There are no pre-requisites or co-requisites for this competency unit.

Education and skills

There are no entry requirements but the Training and assessments are conducted in English. Applicants must possess sound written and spoken English skill

Regulatory

You must be an Australian citizen or permanent resident of at least 18 years of age. All candidates require a Unique Student Identification (USI) number. If you do not have a USI number you can apply for one online at <https://www.usi.gov.au/students>.

IMPORTANT INFORMATION

This course requires that you demonstrate the skills you learn in your training, including performing CPR on a mannequin on the floor. If you feel you may not be able to get onto the ground, or that your physical health will prevent you from demonstrating CPR (sustained pumping activity for between 2-4 minutes) then please contact our office before you book for further information

Contact Details

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